

Toast / Crumpet / Toasted Tea Cake £3.00

Freshly Baked Pastries £2.50

Please see our counter for today's selection

Baked Eggs (v) £8.95

Eggs baked in a rustic tomato sauce with garlic, herbs and olive oil, inspired by Mediterranean flavours. Served with sourdough

Seasonal Yoghurt Bowl (v) £5.95

Rich Greek yoghurt topped with seasonal fruit, house granola, and a drizzle of honey

American Pancakes (v) £8.95

Fluffy pancakes served with your choice of:

- Seasonal fruit, honey & mascarpone
- Nutella, white chocolate & mascarpone

Avocado on Sourdough (v) £8.95

Zesty smashed avocado on toasted sourdough, topped with feta, chilli flakes, and honey drizzle

Bar+
Kitchen
Heywood Civic

Hot Drinks

Americano	£3.25
Pot of Tea	£3.00
Latte / Cappuccino / Flat White	£3.75
Mocha	£3.95
Hot Chocolate	£3.75
Babyccino	£2.00
Espresso	£2.75
Milk Alternatives	£0.50
Oat, coconut, soy & almond	
Syrups	£0.50
Caramel, vanilla & hazelnut. Also available in sugar free	

Milkshakes & Smoothies

Milkshakes	£5.95
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Fully loaded shakes made with real ice cream & cream.

Choose from:

Nutella, strawberry, biscoff, chocolate and salted caramel

Smoothies	£5.95
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All smoothies made with apple juice unless otherwise stated

- **Breakfast Smoothie** – gluten free rolled oats, flax seeds, blueberry, raspberry and banana
 - **Detox Zing** – Ginger, courgette, banana, carrot and blueberry
 - **Coco Loco** – Coconut, pineapple, mango with a dash of mint and lime
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Soft Drinks & Cakes

Please see our counter display for today's selection

Lunch Menu

Bloomer Sandwiches

Lightly toasted, served with a side salad and crisps:

- Chicken, rocket & pesto £8.95
- Halloumi, chilli jam & roasted vegetables £8.95
- Cheese & ham £7.95
- Classic tuna mayo £7.95

Pinsa Pizza

A lighter, crisp Roman-style pizza with an airy centre

- Margherita £7.95
- Spicy chicken with rocket £8.95
- Pepperoni £8.95

Salad Selection

£8.95

See our fresh salads on the counter

Kids Menu

Lunch Box

£5.95

Choice of sandwich, drink & snack:

Ham, cheese, ham & cheese, tuna or jam

Little Pickers Board

£4.50

Carrot sticks, cucumber, hummus & pitta

Vegetable Pasta

£5.50

Pasta in a homemade tomato sauce with hidden vegetables

Mini Margherita Pizza

£6.50

Pinsa base with tomato & mozzarella